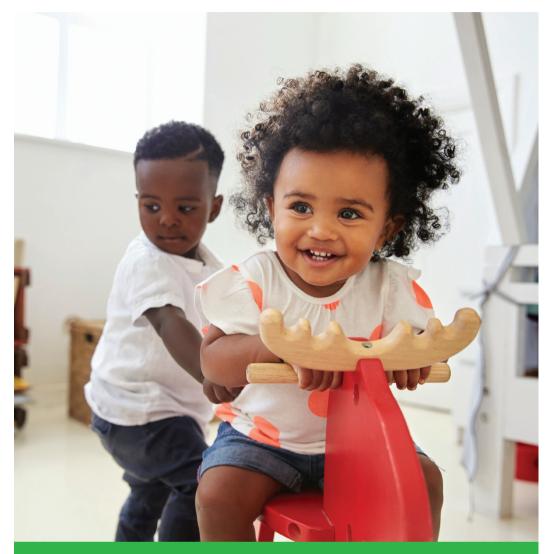




BURN SAFETY PROTECT YOUR CHILD

KNOW HOW TO PREVENT SCALDS AND BURNS AND WHAT TO DO IF AN ACCIDENT **DOES OCCUR**



BURNS CAUSES

- Sunburn
- **Corrosive chemicals**
- **Dry heat** (fire or electricity)

SCALDS CAUSES



Wet heat (boiling water, hot liquids or steam)

WARNING

Children under the age of four (4) are at highest risk for scalds because they explore without understanding danger

- Store matchsticks and lighters out of reach of children
- Keep a close eye on indoor paraffin stoves & heaters
- Turn pot handles inwards when cooking
- Check your child's bath water temperature before
- Keep electric cords out of reach of children
- Never leave toddlers unattended in the kitchen/bathroom

HOW TO TREAT YOUR CHILD'S BURN OR SCALD

- Gently remove clothing from the burnt area immediately but do not pull off if it's stuck to their skin
- Run cool water over the burnt area for 10-20 minutes
- Don't touch/burst any blisters
- Don't apply ice. It causes local tissue damage & can cause body temperature to drop if applied extensively
- Loosely cover the burn with a sterile dressing
- Don't apply butter or grease. This can make the burn worse and hamper assessment by healthcare workers



WHEN DO YOU NEED TO CALL EMERGENCY SERVICES?

- If it's a chemical or electrical burn
- If the burned area is larger than your child's hand
- · If there are signs of infection

- If the burn has caused white or charred skin (third degree burn)
- If it's on the face, hands, feet, genitals or bottom

DIAL *120*15570# FOR TRAUMA ASSIST or CALL ER24 084 124

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