

# BURN SAFETY PROTECT YOUR CHILD

KNOW HOW TO PREVENT SCALDS AND BURNS AND WHAT TO DO IF AN ACCIDENT DOES OCCUR



## WARNING

Children under the age of four (4) are at highest risk for scalds because they explore without understanding danger

- Store matchsticks and lighters out of reach of children
- Keep a close eye on indoor paraffin stoves & heaters
- Turn pot handles inwards when cooking
- Check your child's bath water temperature before
- Keep electric cords out of reach of children
- Never leave toddlers unattended in the kitchen/bathroom



## HOW TO TREAT YOUR CHILD'S BURN OR SCALD

- Gently remove clothing from the burnt area immediately but do not pull off if it's stuck to their skin
- Run cool water over the burnt area for 10-20 minutes
- Don't touch/burst any blisters
- Don't apply ice. It causes local tissue damage & can cause body temperature to drop if applied extensively
- Loosely cover the burn with a sterile dressing
- Don't apply butter or grease. This can make the burn worse and hamper assessment by healthcare workers

### BURNS CAUSES

- Sunburn
- Corrosive chemicals
- Dry heat (fire or electricity)

### SCALDS CAUSES

- Wet heat (boiling water, hot liquids or steam)



## WHEN DO YOU NEED TO CALL EMERGENCY SERVICES?

- If it's a chemical or electrical burn
- If the burned area is larger than your child's hand
- If there are signs of infection
- If the burn has caused white or charred skin (third degree burn)
- If it's on the face, hands, feet, genitals or bottom

**DIAL \*120\*15570# FOR TRAUMA ASSIST or CALL ER24 084 124**

**WITH LEGAL&TAX YOU'RE NOT ALONE**

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